



Your partner in planning for and managing the transitions of life.

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What can we help clients with?

At Cariloop, we take our concierge service very seriously. We believe that if we can make the planning and management of a family member's care just a little easier, we've done our jobs and maybe even saved them some time and money along the way.

Because we are so driven to provide the best service possible, we are constantly reviewing what we do really well versus what we need to spend more time brushing up on. In an effort to be transparent with clients and partners, we thought we would summarize those things below.

Here is an idea of the personal or family situations our coaches excel in:

Healthcare

- I have a family member in the hospital (fall, fracture, illness, after surgery) and they have been there a few days. I need to move them and can't take them home. How do I proceed from here?
- What are the different levels of transition in healthcare for my older loved one and how do I navigate this?
- I have an older loved one who has multiple physicians (more than four) and no communication is occurring between physicians, what can I do?
- I have a loved one who continues to fall and I am worried about their safety, what should I do?
- I have a family member who has had multiple hospitalizations over the past few weeks, what can I do?
- I have a family member who is showing signs of change in their physical and/or mental health and they refuse to talk about it, what can I do?
- My loved one is over 65 and I need a specific medical professional (gerontologist, neurologist, oncologist, orthopedist, etc.) to discuss certain issues related to aging, how do I go about finding this?

Financial/Legal

- I am looking for providers (hospitals, home health, rehabs, skilled facilities, and hospice) that take Medicare, but I am not sure the differences between short term and long term care. Which will Medicare cover and what should I do about it?
- How does Medicare work?
- What is the average cost for healthcare providers that could take care of my loved one?
- How do I go about paying for care for my loved one?
- What legal and financial documentation does our family need to have in place as we are taking care of an older loved one?



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- What role does a Power of Attorney or Advanced Directive play in this process?

Caregiving Stress

- I have questions about memory changes (or other neurological conditions) with an older loved one and need some help finding the right doctor, hospital, or care provider.
- I am overwhelmed from taking care of my older loved one, how can I access resources and other professional help?
- I have an older loved one who is in poor health and/or dying, what do I do about his/her spouse who shouldn't be there alone?
- What are the different ways to think about end of life care for my older loved one?

Frequently discussed (but not limited to) disease-specific illnesses brought up to our coaches:

- Congestive Heart Failure (CHF) – may be followed by home health but could possibly need a higher level of care
- Cancer – end of life discussions
- Dialysis – Medicare coverage and care options
- Memory, Dementia or Alzheimer's Disease
- Parkinson Disease
- Traumatic Brain Injury (TBI)
- Stroke